

=====PRIMER IMPACTO FCC REPORT FEBRUARY 2011

=====02/01/2011

===== STUDY EXERCISE REVERSES MEMORY (19 SEC)

A NEW STUDY SHOWS MODERATE EXERCISE CAN INCREASE THE SIZE OF THE BRAIN'S HIPPOCAMPUS AND REVERSE MEMORY LOSS IN OLDER ADULTS. THE HIPPOCAMPUS IS IMPORTANT FOR LEARNING AND FOR THE STORAGE OF MEMORIES. THE SIZE TYPICALLY DECREASES WITH AGE. RESEARCHERS SAY THEIR STUDY SHOWS IT IS NEVER TOO LATE TO START BEING ACTIVE.

=====02/02/2011

=====HPV VACCINE EFFECTIVE ON MEN (18 sec)

A VACCINE ENCOURAGED FOR YOUNG WOMEN APPEARS TO ALSO HAVE BENEFITS FOR BOYS AND YOUNG MEN. THE HUMAN PAPILOMAVIRUS, OR H-P-V, VACCINE PREVENTS CERVICAL CANCER IN FEMALES. BUT A NEW STUDY OF MALES SHOWS THE VACCINE CAN HELP PREVENT THEM FROM CONTRACTING THE COMMON SEXUALLY TRANSMITTED DISEASE AND SOME OF THE CANCERS THAT COME WITH IT. SOME 20-MILLION AMERICANS ARE CURRENTLY INFECTED WITH H-P-V.

=====02/03/2011

=====NASA-NEWLY DISCOVERED PLANETS (22 sec)

AN ORBITING NASA TELESCOPE IS FINDING WHOLE NEW WORLDS OF POSSIBILITIES IN THE SEARCH FOR ALIEN LIFE, INCLUDING MORE THAN 50 POTENTIAL PLANETS THAT APPEAR TO BE IN THE HABITABLE ZONE. DURING A NEWS CONFERENCE AT NASA HEADQUARTERS IN WASHINGTON, NEW DATA FROM THE ONGOING KEPLER TELESCOPE MISSION WAS RELEASED. IN JUST A YEAR OF PEERING OUT AT A SMALL SLICE OF THE GALAXY, THE KEPLER TELESCOPE HAS DISCOVERED 1,235 POSSIBLE PLANETS OUTSIDE OUR SOLAR SYSTEM. AMAZINGLY, 54 OF THEM ARE SEEMINGLY IN THE ZONE THAT COULD BE HOSPITABLE TO LIFE - SO CALLED "GOLDILOCKS' ZONE" - THAT IS, NOT TOO HOT OR TOO COLD.

=====02/08/2011

=====Processed foods may affect kids IQ (20 sec)

TOO MUCH PROCESSED FOOD AT A YOUNG AGE MAY LOWER A PERSON'S I-Q. RESEARCHERS IN BRITAIN TRACKED WHAT THOUSANDS OF KIDS ATE AND DRANK AT THE AGES OF THREE, FOUR, SEVEN AND EIGHT-AND-A-HALF. THEY FOUND WHEN A THREE-YEAR-OLD ATE A LOT OF FATTY, SUGARY, PROCESSED FOODS, THEIR I-Q WAS LOWER AT THE AGE OF EIGHT. BUT, THE SCIENTISTS DIDN'T FIND THE SAME CORRELATION IN KIDS AGED FOUR AND SEVEN. DOCTORS SAY THIS STUDY IS SOMETHING TO KEEP IN MIND, BUT THAT MANY VARIABLES ARE ALSO IN PLAY AT THESE AGES.

=====02/08/2011

=====Diet Soda Linked to Heart Attack, Stroke Risk (21 sec)

PEOPLE WHO DRANK DIET SODA DAILY HAD A 61 PERCENT INCREASED RISK OF CARDIOVASCULAR EVENTS COMPARED TO THOSE WHO DRANK NO SODA, EVEN WHEN ACCOUNTING FOR SMOKING, PHYSICAL ACTIVITY, ALCOHOL CONSUMPTION AND CALORIES CONSUMED PER DAY, ACCORDING TO A STUDY OF MORE THAN 2,500 PEOPLE PRESENTED TODAY AS A POSTER AT THE AMERICAN STROKE ASSOCIATION INTERNATIONAL STROKE CONFERENCE IN LOS ANGELES. THE RESEARCHERS USED DATA OBTAINED THROUGH THE MULTI-ETHNIC, POPULATION-BASED NORTHERN MANHATTAN STUDY TO EXAMINE RISK FACTORS FOR STROKE, HEART ATTACK AND OTHER VASCULAR EVENTS SUCH AS BLOOD CLOTS IN THE LIMBS. PARTICIPANTS REPORTED THEIR SODA CONSUMPTION FOR AN AVERAGE OF 9.3 YEARS. WHILE 901 PARTICIPANTS REPORTED DRINKING NO SODA.

=====02/09/2011

=====SLEEP AND HEART ATTACKS (22 sec)

A NEW STUDY OUT OF THE UNIVERSITY OF WARWICK IN ENGLAND SUGGESTS PEOPLE WHO SKIMP ON SLEEP-- LESS THAN SIX HOURS PER NIGHT--- COULD BE AT AN INCREASED RISK FOR HEART ATTACKS AND STROKES. WHEN THE BODY DOESN'T GET ENOUGH REST-- IT PRODUCES HORMONES AND CHEMICALS WHICH INCREASE THE RISK OF SERIOUS HEALTH PROBLEMS. THE FINDINGS ARE FROM A LONG-TERM STUDY BASED HUNDREDS OF THOUSANDS OF PEOPLE FROM EIGHT DIFFERENT COUNTRIES. THEY ALSO FOUND THAT LACK OF SLEEP CONTRIBUTES TO HIGH BLOOD PRESSURE AND CHOLESTEROL, DIABETES AND OBESITY.

=====02/10/2011

=====HIGH FIBER DIET MAY INCREASE LIFE (19 sec)

THE WALL STREET JOURNAL REPORTS PEOPLE WHO CONSUMED HIGHER AMOUNTS OF FIBER, PARTICULARLY FROM GRAINS, HAD A SIGNIFICANTLY LOWER RISK OF DYING OVER A NINE-YEAR PERIOD COMPARED TO THOSE WHO CONSUMED LOWER AMOUNTS OF FIBER, ACCORDING TO A NEW NATIONAL INSTITUTE OF HEALTH STUDY RELEASED ONLINE. OTHER STUDIES HAVE SUGGESTED THAT FIBER MAY LOWER THE RISK OF HEART DISEASE, DIABETES AND SOME CANCERS, BUT THERE'S BEEN CONFLICTING EVIDENCE ON WHETHER THERE'S ANY MORTALITY BENEFIT FROM CONSUMING FIBER. RESEARCHERS NOTE, HOWEVER, THAT IT COULD BE THAT PEOPLE WHO EAT MORE FIBER ARE HEALTHIER OVERALL-- AND ARE THEREFORE LESS LIKELY TO GET HEART AND RESPIRATORY DISEASES.

=====02/14/2011

=====ENERGY DRINKS AND KIDS (16 sec)

THE AUTHORS OF A STUDY IN THE JOURNAL "PEDIATRICS" REVIEWED THE MEDICAL LITERATURE ON ENERGY DRINKS. THEY FOUND THAT BETWEEN THIRTY AND FIFTY PER CENT OF ADOLESCENTS AND YOUNG ADULTS CONSUME THESE BEVERAGES WHILE THE FEDERAL GOVERNMENT LIMITS CAFFEINE CONTENT IN SOFT DRINKS, WHICH ARE CLASSIFIED AS FOOD, NO SUCH LIMITS ARE PLACED ON ENERGY DRINKS, WHICH ARE CONSIDERED DIETARY SUPPLEMENTS. HIGH CAFFEINE CONTENT HAS BEEN LINKED TO SERIOUS BAD REACTIONS, ESPECIALLY IN CHILDREN AND YOUNG ADULTS WITH SUCH UNDERLYING PROBLEMS AS

DIABETES, SEIZURES, AND MOOD DISORDERS. OF THE 5448 CAFFEINE OVERDOSES REPORTED IN 2007, FORTY-SIX PER CENT WERE IN THOSE YOUNGER THAN NINETEEN. WHAT CAUSED THE OVERDOSES WAS NOT REPORTED .

=====02/15/2011

=====OVERWEIGHT WOMEN SHOW LOWER GLAUCOMA RISK

(20 sec)

OVERWEIGHT OLDER WOMEN MAY BE LESS LIKELY THAN THEIR THINNER PEERS TO DEVELOP THE POTENTIALLY BLINDING EYE DISEASE GLAUCOMA, A STUDY SUGGESTS. RESEARCHERS FOUND THAT OF NEARLY 4,000 OLDER DUTCH ADULTS FOLLOWED FOR A DECADE, HEAVIER WOMEN WERE LESS LIKELY TO BE DIAGNOSED WITH SO-CALLED OPEN-ANGLE GLAUCOMA.

=====02/16/2011

=====ICE AGENT SHOT/LATEST INVESTIGATION (2:30 min)

MEXICAN DRUG GANG HITMEN WERE BEHIND THE SHOOTING OF TWO U.S. IMMIGRATION AND CUSTOMS AGENTS, THE GOVERNOR OF THE STATE WHERE THE MEN WERE ATTACKED. ONE IMMIGRATION AND CUSTOMS ENFORCEMENT (ICE) AGENT WAS KILLED AND A SECOND WAS WOUNDED IN THE SUSPECTED AMBUSH ON TUESDAY, WHICH COMES AGAINST A BACKDROP OF SPIRALING VIOLENCE BETWEEN MEXICAN SECURITY FORCES AND DRUG CARTELS. UNITED STATES OFFICIALS HAVE WARNED THE CARTELS IN RECENT WEEKS AGAINST ANY ATTEMPT TO BRING THEIR BRUTAL TACTICS ACROSS THE BORDER AND IF A GANG RESPONSIBLE FOR THE ATTACK ON THE AGENTS IS IDENTIFIED, U.S. INTELLIGENCE WORK IS LIKELY TO FOCUS ON TRYING TO CATCH ITS LEADERS.

=====02/18/2011

=====FL-BODY IN TRUCK FOLLOWOP (34 SEC)

A FLORIDA FATHER HAS BEEN CHARGED WITH ATTEMPTED MURDER, AFTER HIS SON WAS FOUND COVERED IN CHEMICALS IN HIS TRUCK. JORGE BARAHONA MADE HIS FIRST APPEARANCE IN COURT THIS MORNING. HIS ADOPTED DAUGHTER WAS FOUND DEAD IN HIS TRUCK. BARAHONA IS BEING HELD IN JAIL WITHOUT BAIL. THE CHILDREN WERE A SET OF ADOPTED TWINS BARAHONA AND HIS WIFE TOOK IN ALONG WITH TWO OTHER CHILDREN. THE OTHER KIDS HAVE BEEN REMOVED FROM THE HOME AND PLACED IN FOSTER CARE. APPARENTLY, THERE WERE REPORTS OF CHILD ABUSE AT THE HOME BEFORE THE LITTLE GIRL WAS FOUND DEAD.

=====02/23/11

=====TOYOTA RECALL (20 SEC)

TOYOTA MOTOR CORP. RECALLED 2.17 MILLION VEHICLES IN THE UNITED STATES TO ADDRESS ACCELERATOR PEDALS THAT COULD BECOME ENTRAPPED IN FLOOR MATS OR JAMMED IN DRIVER'S SIDE CARPETING, PROMPTING FEDERAL REGULATORS TO CLOSE ITS INVESTIGATION INTO THE EMBATTLED AUTOMAKER. THE TRANSPORTATION DEPARTMENT SAID IT HAD REVIEWED MORE THAN 400,000 PAGES OF TOYOTA DOCUMENTS TO DETERMINE WHETHER THE SCOPE OF THE COMPANY'S RECALLS FOR PEDAL ENTRAPMENT WAS SUFFICIENT. TOYOTA HAS NOW RECALLED MORE THAN 14 MILLION VEHICLES GLOBALLY TO FIX GAS PEDALS AND OTHER SAFETY PROBLEMS SINCE 2009.

=====02/24/2011

=====LOSE WEIGHT BY TURNING DOWN HEATER (23 SEC)

A STUDY IN THE INTERNATIONAL JOURNAL OF OBESITY LINKS HOME TEMPERATURE AND LACK OF SLEEP TO OBESITY. RESEARCHERS FOUND PEOPLE WHO KEEP THEIR HOMES WARMER WERE TWICE AS LIKELY TO BECOME OBESE. DOCTORS SAY IT'S POSSIBLE THE BODY BURNS MORE CALORIES IF IT NEEDS TO WORK HARDER TO MAINTAIN A STABLE TEMPERATURE. THE STUDY ALS FOUND FOR EVERY HOUR OF SLEEP PEOPLE GOT EACH DAY, THEIR ODDS OF BECOMING SEVERELY OVERWEIGHT DROPPED 30 PERCENT.

=====02/25/2011

=====LIBIA LATEST PROTESTS AND CAOS (57 SEC)

PROTESTERS DEMANDING MOAMMAR GADHAFI'S OUSTER CAME UNDER A HAIL OF BULLETS FRIDAY WHEN PRO-REGIME MILITIAMEN OPENED FIRE TO STOP THE FIRST SIGNIFICANT ANTI-GOVERNMENT MARCHES IN DAYS IN THE LIBYAN CAPITAL. THE LIBYAN LEADER, SPEAKING FROM THE RAMPARTS OF A HISTORIC TRIPOLI FORT, TOLD SUPPORTERS TO PREPARE TO DEFEND THE NATION. WITNESSES REPORTED MULTIPLE DEATHS FROM GUNMEN ON ROOFTOPS AND IN THE STREETS SHOOTING AT CROWDS WITH AUTOMATIC WEAPONS AND EVEN AN ANTI-AIRCRAFT GUN. IN WASHINGTON, THE WHITE HOUSE SAID IT WAS MOVING FORWARD WITH PLANS TO IMPOSE UNILATERAL SANCTIONS ON LIBYA IN RESPONSE TO THE REGIME'S BLOODY CRACKDOWN IN THE 11-DAY-OLD UPRISING. HUNDREDS HAVE BEEN KILLED, BUT REBELS HAVE TAKEN CONTROL OF NEARLY THE ENTIRE EASTERN HALF OF THE COUNTRY, AS WELL AS CITIES CLOSE TO GADHAFI'S STRONGHOLD IN THE CAPITAL.

=====02/28/2011

=====Doctors want teenagers banned from tanning salons (23 SEC)

THE AMERICAN ACADEMY OF PEDIATRICS WANTS TEENAGERS BANNED FROM TANNING SALONS TO REDUCE THEIR RISK OF SKIN CANCER. MORE THAN 30 STATES REGULATE INDOOR TANNING BY MINORS, WITH SOME BANNING CHILDREN YOUNGER THAN 14 OR REQUIRING PARENTAL PERMISSION. ILLINOIS AND NEW YORK ARE AMONG STATES CONSIDERING BILLS BARRING ANYONE UNDER 18 FROM INDOOR TANNING. ABOUT 8,700 PEOPLE DIED OF MELANOMA LAST YEAR AND ABOUT 68,130 NEW MELANOMAS WERE DIAGNOSED. EVIDENCE LINKS INDOOR TANNING WITH INCREASED RISK.