



Quarterly Issues/Programs List
KVOA Communications, Inc.
4th Quarter, October 1, 2010 - December 31, 2010

CHANNEL 4
K04QP

The following report is representative of responsive broadcasts during the period of October 1, 2010 to December 31, 2010, which have provided KVOA's most significant treatment of community issues as indicated by community leaders throughout the area. The responsive broadcasts are exclusive of NBC network news and public affairs programs that may also deal with these problems on a national basis. Issues addressed and that are important to the Tucson community include Border/Immigration, Community, Consumer, Crime & Law Enforcement, Economy, Education, Environment, Health and Safety issues

ISSUE	PROGRAM	DATE	TIME	PARTICIPANTS	SUMMARY OF DISCUSSION
Border/ Immigration	News 4 @ 6	10/8/10	6:02:43 to 6:04:41		National Guard troops have been deployed to the border area. 532 troops are in the state as part of President Obama's plan to beef up border security. Their mission is to look for and report any suspected illegal immigrants to the border patrol whose agents will then make the arrest. Since Operation Copper Cactus has begun, soldiers and the airman have helped border patrol apprehend 400 illegal immigrants.
Border/ Immigration	News 4 @ 5	11/18/10	5:06:08 to 5:08:37		Federal agents are on the look out for smugglers and illegal border crosser on horseback. The horses are trained by inmates now being used to hunt down illegal activity. It's part of Noble Mustang Program that the Border Patrol started in the Spokane sector in 2007. The horses are rescued by the Bureau of Land Management and are trained by inmates in Colorado as part of their inmate rehabilitation program. The Tucson sector recently received ten of those horses. News 4 went to see how these horses are helping.
Border/ Immigration	News 4 @ 10	11/29/10	10:13:14 to 10:15:20		National Guard troops have been deployed to the border area for almost two months now. It's called Operation Copper Cactus. Over 500 troops working with Border Patrol to bulk up security. News 4 covered how the agencies are actually working together.
Border/ Immigration	News 4 @ 10	12/15/10	10:00:10 to 10:04:14		A U.S. Border Patrol Agent was shot and killed, and 3 suspects are in custody. It happened in one of the busiest, most notorious smuggling corridors in our state. A remote swath of desert, near Rio Rico, southeast of Tucson. It's about 13 miles from the International border. The FBI is investigating.
Border/ Immigration	News 4 @ 6	12/14/10	6:04:03 to 6:05:58		Local Engineers introduced a fiber optic technology to Southern Arizona. It is being tested as an invisible monitoring system by the University of Arizona, and could one day be used by our Border Patrol.

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Community	News 4 @ 6	10/1/10	6:04:33 to 6:06:20		The University of Arizona is bursting at the seams. Since 2006, around 2,300 more students on campus. With nearly 40,000 students enrolled this year, there just isn't enough room to house them all. So, what is the U of A doing about the short fall? The U of A is building two new dorms along 6th Street, providing 1,200 beds combined. The University doesn't have money to build additional housing so they are requesting proposals from the private sector for 7 projects at 9 locations. This could provide 2,500 to 5,000 beds over the next three years.
Community	News 4 @ 4	10/1/10	4:50:20 to 4:53:35	Don Jovag, Co-Chair of the Sun City Vistoso Annual Arts and Crafts Festival	Sun City Vistoso had their annual arts and crafts festival. It was the perfect opportunity to get some holiday shopping done, all in one location, and support some very talented artists in our area. Don Jovag, Co-chair of this year's festival, spoke about the festival.
Community	News 4 @ 5:30	10/2/10	5:31:25 to 5:33:30		October 3rd marked the beginning of fire prevention week. Some Tucson fire fighters jumped the gun and started giving out smoke alarms early. It's a new campaign kicked off by Tucson Fire Fighters. By giving out free smoke alarms, both fire fighters and residents thought it would make a big difference.
Community	News 4 @ 10	10/5/10	10:03:18 to 10:05:48		The City of Tucson is in trouble with cash. Any way you cut it, there is going to be a deficit. How deep is that deficit, is yet to be determined and is going to rely on a handful of situations and outcomes. That said, Tucson's City Manager pitched a plan to shave 8 million dollars from the red. It was approved and is now in motion.
Community	News 4 @ 4	10/6/10	4:28:58 to 4:32:18	Cristina Greenberg, Arizona's Children Association	October 8th, was World Egg Day. And to celebrate, Hickman's Family Farms, came up with "PJ's and Egg's," a breakfast for dinner event fundraiser. Cristina Greenberg, with Arizona's Children Association, spoke about the event/fund raiser.
Community	News 4 @ 4	10/8/10	4:48:56 to 4:53:11	Craig Wisnom, Bogutz & Gordon, P.C.	HOA's and lawsuits...from paint colors to covenant updates, HOA's and homeowners can end up battling in court. Craig Wisnom, from Bogutz & Gordon, P.C., spoke about how you should handle certain issues if you do end up in a courtroom.
Community	News 4 @ 6	10/12/10	6:00:50 to 6:02:48		Image if your water bill increased by 50%. That's what around 650 residents in Eagle Crest Ranch, North of Oracle, are worried may happen to them. They get their water from a private company "Goodman Water." The company is applying to the Arizona Corporation Commission for a rate increase. And, homeowners told us they already pay more for their water than most people.
Community	News 4 @ 4	10/12/10	4:51:20 to 4:54:35	Amanda Castaneda, Tucson Girls Chorus	The Tucson Girls Chorus was founded in 1985, and has been recognized as an outstanding choral education program that works with young ladies from second grade through high school. Amanda Castaneda, from the Tucson Girls Chorus, spoke about this non-profit.
Community	News 4 @ 6	10/13/10	6:03:15 to 6:05:15		What are the options if Prop 400 doesn't pass in November at the polls? That's what the Tucson City Council discussed. If passed, Prop 400 would increase the city sales tax to 2.5%, that's up from 2%. That would bring in 40M a year to help maintain fire, police, parks and transportation. If it doesn't pass, we will see more budget cuts.

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Community	News 4 @ 4	10/13/10	4:45:50 to 4:48:45	Adrienne Weede, Southern Arizona VA Healthcare System	The Fourth Annual "Welcome Home Event" occurred on October 16th. This was an opportunity for returning combat veterans, service members and their families to find out what services and resources are available to them here in Southern Arizona. Not to mention, an opportunity for the community to welcome home our brave men and women serving our country. Adrienne Weede, from the Southern Arizona VA Healthcare System shared information we need to know about this event.
Community	News 4 @ 10	10/14/10	10:00:10 to 10:02:28		Casas de los Gatos is the largest no-kill cat shelter in Arizona, and it's located right in Tucson. The electricity is about to be shut off on 10/15. It's also past due on it's rescue housing rent. To curb the power shut off and potential eviction they say they need 7K immediately. The shelter doesn't get grant money or funding from the state or local government. It's staffed by volunteers, and they need the community's help. If the lights go out care givers say the cats will still live in the shelter and they will do whatever they can to make the situation work.
Community	News 4 @ 4	10/14/10	4:25:49 to 4:29:14	Laura "Lolly" Almquist	35 years ago a tradition in culture, history and community service was born in Tucson, the choosing of the Dona. Each year, a respected woman in the Tucson community is given the Spanish courtesy title based on her contributions to the city. She must be 70 years old and exemplify what it means to be an outstanding member of society. Laura "Lolly" Almquist, last year's Dona, spoke about the group and their upcoming Merienda.
Community	News 4 @ 4	10/18/10	4:06:49 to 4:08:37		A major construction project at the intersection of Fort Lowell and Campbell, giving drivers a major headache. The construction is expected to last until February. This work is very frustrating for commuters and business owners along this intersection. However, the improvements include new right turn lanes, traffic signals, street lights, new water lines and drainage.
Community	News 4 @ 4	10/19/10	4:41:01 to 4:44:21	Lisa Chastin, Hope Fest 2010 Organizer	The 18th Annual Hope Fest took place October 23rd at Tucson Electric Park. This event helped struggling families that don't have access to dental and medical care, clothing and food. Lisa Chastin, Hope Fest 2010 Organizer, spoke about the event.
Community	News 4 @ 10	10/24/10	10:00:20 to 10:02:43		Tucson City Officials and the Rio Nuevo Board met again to discuss the fate of the proposed TCC Hotel. But this time around, the doors were open to the public in hopes of getting answers and sharing their perspectives.
Community	News 4 @ 4	10/26/10	4:42:04 to 4:45:59	Lisa Humenik, President and CEO for the Volunteer Center of Southern Arizona	The Volunteer Center of Southern Arizona inspires and mobilizes volunteers to get involved in making Tucson a better city. President and CEO of the Volunteer Center, Lisa Humenik, discussed the volunteer service leader program.
Community	News 4 @ 4	10/28/10	4:42:05 to 4:46:05	Craig Wisnom, Bogutz & Gordon, P.C.	Recently, a Phoenix newspaper dedicated it's front page to "Horror Stories" from probate. Family members losing control, attorneys and judges running amok and huge amounts of money, wasted. Should you be concerned? Craig Wisnom, from Bogutz and Gordon P.C., spoke about probate.

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Community	News 4 @ 10	10/29/10	10:02:04 to 10:04:25		A big audit surfaced on October 29th. A private audit commissioned by the state to examine the first 10 years of the Rio Nuevo Project. The effort, to revitalize downtown Tucson, has had a very public, series of issues. Some of the main findings in the audit? What happened prior to the 2010 boards. The audit said the pre 2010 boards failed to control and manage tax monies and district funded projects. Also, an improper development of the TCC, hampering it's ability to make money.
Community	News 4 @ 10	11/2/10	9:59:35 to 10:12:01		Discussed and covered the big races, big calls with the KVOA 4 team covering statewide the results of the 2010 elections and propositions.
Community	News 4 @ 4	11/2/10	4:46:47 to 4:51:02	Craig Wisnom, Bogutz & Gordon, P.C.	Pet owners need to be aware of the legal issues and understand their responsibilities when it comes to their pets. When you go out in public with your dog, or you have people over to your house, you are responsible for your pet. Craig Wisnom, from Bogutz & Gordon P.C., discussed the legal issues.
Community	News 4 @ 4	11/3/10	6:06:12 to 6:08:02		KVOA 4 and our local partners in Tucson set up the "Season of Hope" campaign. It is a community wide food and toy drive that benefits the Tucson Community Food Bank and Toys for Tots.
Community	News 4 @ 10	11/4/10	10:05:49 to 10:07:57		In 2004, voters in Pima County approved a bond issue to improve our radio system for first responders like police and fire to communicate with one another better. The key is a new tower on Tumamoc Hill, just behind "A" Mountain. On 11/4/10, project leaders had their first meeting. The tower will be taller than all other towers on Tumamoc but the project leaders said because of that they can actually take three other ones down and get rid of two buildings. The construction is expected to be off to the sides so it shouldn't effect the walking areas on the hill.
Community	News 4 @ 6	11/8/10	6:10:56 to 6:12:54		Donations to the Salvation Army are nowhere near what they should be at this time of year. Turkeys are usually "flying" through the door. The Salvation Army hopes that donation come soon for the holidays.
Community	News 4 @ 4	11/8/10	4:33:50 to 4:37:00	Gerard Raneri, a certified dog behavioral therapist from Barkbusters	Picking the right dog to suit your family can be difficult. So many times we pick a dog because we think it's cute, knowing nothing about its temperament, exercise requirements or medical issues. Gerard Raneri, a certified dog behavioral therapist from Barkbusters, spoke about and introduced us to a unique breed of dog that looks like a wolf.
Community	News 4 @ 10	11/9/10	10:00:53 to 10:04:05		After the failure of Prop 400, we saw how things will shape up. The temporary city sales tax was voted down on 11/2. The city pitched it, said it was necessary to maintain the level of services day to day. Police, fire, roads, transit, parks and recreation... Tucson Police warned they'd have to make drastic moves... The speed of the council making a decision on how much to cut was also brought up today and could be an important factor. The city manager wants to decide in January buy the council made it very clear that they want all the information ASPAP so they can make a decision before the holidays, giving employees a better idea of what their future could be like.

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Community	News 4 @ 4	11/9/10	4:35:43 to 4:39:13	Emily Craigie	Experience Corps Tucson is a non-profit organization and a program hosted by the Volunteer Center. This organization maximizes the experience older Americans have to offer. It makes sense, older adults mentoring and tutoring children only make the community stronger. Emily Craigie, shared more information about this non-profit.
Community	News 4 @ 10	11/10/10	10:06:19 to 10:08:20		We've been talking about Tucson's new streetcar plan for a while. A four-mile route starting near University Medical Center to the west side of the Santa Cruz River. It's first run set for August 2013. There are going to be new tracks, signals that will affect among other things, the biking community. Cyclists are hoping the streetcar project will not only revitalize the City of Tucson but also create a sense of safety for cyclists when riding on the streets. According to the streetcar team, they've been looking at the City of Portland, Oregon in hopes of implementing some of their ideas into this project here in Tucson.
Community	News 4 @ 5	11/11/10	5:12:47 to 5:14:59		Imagine if you lost your house and everything you own, a lifetime of belongings burned beyond recognition, your family narrowly escaping with their lives. And then to find out, a day later, a misunderstanding burns you again. A house in the Foothills went up in smoke and the homeowner was billed \$82,000 from Rural/Metro Fire. This house was just outside city limits which meant the homeowner didn't have a subscription for fire service, now he has to foot the bill. The homeowner was not aware of this. The homeowner's attorney recommends to anyone that lives outside of the city limits to check and find out if they have fire and emergency coverage.
Community	News 4 @ 4	11/17/10	4:41:52 to 4:48:15	Jennifer English	Jennifer English shared some tricks and tips for making your Thanksgiving turkey tasty.
Community	News 4 @ 4	11/17/10	4:51:10 to 4:54:25	Dr. Eric Schindler, Child and Family Resources	Texting, Facebook, Myspace has become a part of almost every teenager's life. A new study said teens who spend too much time on these activities are at risk for other problems. Dr. Eric Schindler, from Child and Family Resources, shared some of the things that teens are at risk for if they are chronic texters.
Community	News 4 @ 6	11/18/10	6:04:50 to 6:05:38		Nine thousand cyclists raced around town for El Tour de Tucson. Drivers needed to be cautious and expect delays. KVOA spoke to the race's route director and told us about the worst intersections for drivers. Best advice for drivers is to stay homed during the race.
Community	News 4 @ 4	11/19/10	4:49:45 to 4:53:40	Craig Wisnom, Bogutz & Gordon, P.C.	For almost 100 years there has been an estate tax also known as a death tax imposed by the federal government when you die with more than a certain amount of money. This year, for the first time, there is no estate tax, but this won't last. Next year, unless Congress does something, the estate tax returns and the exemption is 1M. Craig Wisnom, from Bogutz & Gordon, P.C., spoke about the estate tax.

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Community	News 4 @ 10	11/23/10	10:00:08 to 10:02:47		The City of Tucson laid out the regulation it's going to go with when medical marijuana goes on the market. Dispensaries that sell pot will be open from 9 am to 7 pm. They will be located in commercial zones, areas with more activity that can be easily monitored. Dispensaries in both the county and the city have to be at least 500 feet from schools. No outdoor seating, no drive-thrus. And every marijuana dispensary that opens in the city will be approved if all requirements are met. In the county, every dispensary must be approved by the Board of Supervisors. The state guesses pot won't be available for purchase until sometime next summer. The first applications for medical marijuana cards, and dispensaries are expected in early April.
Community	News 4 @ 4	11/29/10	4:23:55 to 4:27:35	Dr. Eric Schindler, Child and Family Resources	For many people, the holidays mean spending time with family...but that doesn't always make for a Happy Holiday if family members don't get along. Dr. Eric Schindler, with Child and Family Resources, shared some tips on getting along with those difficult relatives.
Community	News 4 @ 10	11/30/10	10:06:50 to 10:09:00		Tucson Water is preparing to build a multi-million dollar treatment plant to clean a potential cancer causing chemical out of customers' water. Meantime, it's diluting the water to make it safe for drinking. For years, the contaminated water's flowed under the city's south side. In 1995, Tucson Water built a treatment plant to decontaminate it. Specifically, to remove the potential cancer causing chemical TCE. Now, the Water Department said its found another potential cancer causing chemical tat his plant won't remove. 1-4 Dioxane.
Community	News 4 @ 4	11/30/10	4:29:27 to 4:33:07	Dr. Kevin Leman	Dr. Kevin Leman, a Child Psychologist and best-selling author, spoke about how you can inform your children about important, serious issues within the family, without scaring them.
Community	News 4 @ 4	12/3/10	4:42:53 to 4:46:53	Mary Pekas, AAA	The week of December 6th is Older Driver Safety Awareness Week. AAA encouraged seniors and their families to talk about age related driving issues before they become a problem. People over the age of 65 are the fastest growing population in the U.S., and by 2030, one out of every 5 drivers will be in that age group. Mary Pekas, from AAA, share some important information with us regarding older drivers.
Community	News 4 @ 10	12/4/10	10:00:29 to 10:03:08		Winterhaven Festival of Lights is one of Tucson's most beloved traditions. It started on December 11th. It's located in midtown, from Prince to Ft. Lowell, and Country Club to Tucson Boulevard. What was supposed to be a scaled back economy version is now planned to be bigger and brighter than ever before. Businesses and people from around Tucson gave donations to keep this tradition going. Also, 100 volunteers showed up out of nowhere to lend a helping hand.
Community	News 4 @ 4	12/6/10	4:38:38 to 4:44:03	Laura Hayes, Interior Decorator	Laura Hayes is an Interior Decorator from Tucson that appeared on the Nate Burkes Show. She shared her fun frugal decorating tips for your home and without breaking the bank.
Community	News 4 @ 4	12/7/10	4:27:47 to 4:31:37	Liz McMahon, Development Director of Catholic Community Services of Southern Arizona	You can help Tucson Kids out and get a tax break too by going through the Arizona Charitable Tax Credit. In 2010, 13 Tucson charities have joined forces to raise money and interest in this tax credit, which by the way, is different from the school tax credit. Liz McMahon, Development Director of Catholic Community Services of Southern Arizona, discussed the Arizona charitable tax credit.

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Community	News 4 @ 4	12/8/10	4:42:55 to 4:49:03	Jennifer English	If cooking is your thing, why not treat the special ones in your life to holiday homemade goodies. Jennifer English shared her recipe for hot buttered rum batter, and showed us how easy it is to put together.
Community	News 4 @ 10	12/12/10	10:09:53 to 10:11:33		Playability Toys is a Tucson business that's making a difference. They design and manufacturer toys locally and parents of children with disabilities are happy to have something geared for their kids. Kids with special needs often have a difficult time playing with standard toys so they put features into the toys to allow them the same kind of fun that kids without these challenges have.
Community	News 4 @ 4	12/10/10	4:40:20 to 4:44:50	Laura Pendleton-Miller, Financial Consultant	Laura Pendleton-Miller, spoke about capital gains and losses, and getting your 2010 taxes ready.
Community	News 4 @ 4	12/14/10	4:48:36 to 4:52:36	Sandi Brickley, Interfaith Community Services	Interfaith Community Services is a non-profit agency that helps families in financial distress, and helps the disabled and senior citizens remain in their homes. Sandi Brickley, from Interfaith Community Services, spoke about the services they offer.
Community	News 4 @ 4	12/16/10	4:27:35 to 4:31:15	Dr. Kevin Leman	Dr. Kevin Leman, a Child Psychologist and best-selling author, spoke about people postponing having children until their 30s and 40s and the affect it has on the children.
Community	News 4 @ 5:30	12/18/10	5:35:16 to 5:37:03		Cowboys and cowgirls from across the west teamed up to help two teenagers who were badly burned in a Sonoita Rodeo explosion. It happened early Fall of 2010 and both girls are out of the hospital, and attended the fundraising rally at the Tucson Rodeo grounds to say thanks to the people raising money roping cattle.
Community	News 4 @ 6	12/20/10	6:10:09 to 6:12:00		A Tucson woman will start off next year with a tribute to her brother in the Rose Parade. The family had a "floragraph" in memory of him, and to help raise awareness and importance of organ donation.
Community	News 4 @ 10	12/22/10	10:04:43 to 10:06:34		Some midtown residents are outraged and said a historic Tucson home was demolished by a local developer. The Jefferson Park Neighborhood's been fighting the construction of so called "mini-dorms" for years. They are 4 to 5 bedroom homes rented, predominately to university students after the "old homes" are leveled.
Community	News 4 @ 10	12/22/10	10:12:52 to 10:14:08		2010's Season of Hope Food and Toy Drive was a success! We've counted more than 6,100 toys for the Marines' Toys for Tots program. And some of you wanted to know how do the gifts get to all those deserving children? KVOA went behind the scenes for a tour.
Community	News 4 @ 10	12/23/10	10:06:54 to 10:08:57		We brought you stories about successes in downtown Tucson despite the setbacks with Rio Nuevo and the economy. And we had another story to add... For the first time in over a decade, the Julian-Drew Building on Broadway and 5th Avenue, is 100% full, with a mix of business and residential space.

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Community	News 4 @ 10	12/26/10	10:01:35 to 10:03:20		With the Arizona fireworks law that took effect in December, tents for fireworks are now going up and vendors started receiving their products on 12/27. News 4 told spoke about the preparations from sellers and emergency crews.
Community	News 4 Tucson Today, 5a to 7a	12/27/10	6:09:32 to 6:11:47		A Tucson man is nearing the end of a 7,513 mile walk around the country. He started in Tucson, walked to Jacksonville, Florida, North to Washington D.C, West to Seattle, South to Los Angeles, from there he'll head back to Tucson. He walked to help stop child abuse, and he wants to brak the chain of abuse.
Community	News 4 @ 4	12/28/10	4:49:11 to 4:52:46	Craig Wisnom, Bogutz & Gordon, P.C.	Are trusts necessary anymore? Craig Wisnom, with Bogutz & Gordon P.C., shared his thoughts, especially as they pertain to protecting a child from losing his or her inheritance.
Community	News 4 @ 4	12/30/10	4:25:36 to 4:29:11	Dr. Kevin Leman	Are you one of those parents who picks up their kids every time they cry or fuss? Is that good or bad? Dr. Kevin Leman, a Child Psychologist and Best-Selling Author, shared his thoughts.
Community	News 4 @ 4	12/31/10	4:44:31 to 4:47:41	Dillon Horger, Curator at the Arizona Desert Sonoran Museum	How about making a New Year's Resolution to get out and see what's happening in Tucson. Like checking out the desert museum...they've got some great behind the scenes tours and programming. Dillon Horger, the Curator of Raptor Free Flight, at the museum, spoke about the tours.
Consumer	News 4 @ 4	11/23/10	4:38:17 to 4:41:42	Mary Harvey, First Book	First Book is a non-profit organization that has given out 75 million new books over the last 8 years to children in need all over the nation. First Book was started in 2002 with the mission of affecting literacy through access to books. Mary Harvey, from First Book, discussed in detail the mission of this program.
Consumer	News 4 @ 4	10/1/10	4:39:43 to 4:44:49	Stephanie Ashcraft, mysavvysavings.com	Stephanie Ashcraft, from mysavvysavings.com, spoke about planning your meals around what is on sale, and how planning can go a long way in helping you save on your food bill.
Consumer	News 4 @ 4	10/4/10	4:40:30 to 4:44:45	Tiana Ronstadt, Financial Consultant	Tiana Ronstadt, a financial consultant, spoke about ways you can save when planning your vacation.
Consumer	News 4 @ 4	10/6/10	4:49:53 to 4:53:33	Laura Pendleton-Miller, Financial Advisor	Laura Pendleton-Miller, spoke about company retirement plans.
Consumer	News 4 @ 4	10/19/10	4:50:07 to 4:53:42	Quincey Hobbs	Have you ever noticed that as soon as you get a new piece of technology, whether it be a phone, computer or Ipod, the next generation is right around the corner? Quincey Jobbs, spoke about the five things we can expect to see more of in the next five years and which 5 things we can expect to see less of.

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Consumer	News 4 @ 4	10/22/10	4:42:43 to 4:46:58	Laura Pendleton-Miller, Financial Consultant	The concept of retirement has really changed, especially over the last decade. How do you fund for retirement? When do you retire? Laura Pendleton-Miller, a financial consultant, spoke about retirement expenses.
Consumer	News 4 @ 4	10/25/10	4:41:55 to 4:45:55	Tiana Ronstadt, Financial Consultant	Have you ever made a bad money decision because you were thinking with your heart instead of your head? Lots of us do, we deal with financial issues based on emotions. Tiana Ronstadt, a financial consultant, spoke to us about behavioral finance.
Consumer	News 4 @ 4	10/29/10	4:48:04 to 4:53:08	Stephanie Ashcraft, mysavvysavings.com	Lots of folks still clip coupons but many more are going on-line, clicking away on sites that save you big money. Stephanie Ashcraft, showed us some fantastic sites we need to know about.
Consumer	News 4 @ 4	11/5/10	4:43:20 to 4:48:10	Laura Pendleton-Miller, Financial Consultant	The concept of retirement has changed a lot in the last 10 years. How do you fund it? When do you retire? How do you know how much you'll need? Laura Pendleton-Miller, a financial consultant, discussed retirement expenses, sources of income like social security and company plans.
Consumer	News 4 @ 5	11/8/10	5:11:54 to 5:14:14		Sooner or later most of us will go gray. Many will fight back by finding products and hair professionals to color their hair. Now, you have another option. It's a pill you can take to make that gray go away. And it's apparently working for a lot of people. However, a pharmacist and director of the Arizona Poison and Drug Center at the U of A recommends you consult your doctor before you take this supplement.
Consumer	News 4 @ 4	11/12/10	4:41:11 to 4:46:20	Stephanie Ashcraft, mysavvysavings.com	Are you a coupon clipper? Lots of people are but many more have graduated to e-coupons. Stephanie Ashcraft showed us how they work.
Consumer	News 4 @ 4	11/19/10	4:40:50 to 4:46:25	Stephanie Ashcraft, mysavvysavings.com	The day after Thanksgiving is traditionally the day that shoppers are out in force, and deals are at their best. Stephanie Ashcraft, shared some ideas for getting the most bang for your buck.
Consumer	News 4 @ 5	11/23/10	5:11:47 to 5:14:05		There's a food truck phenomenon filling the streets of cities big and small, including Tucson. The soft economy, busy schedules and convenience have more and more of us eating on the fly and more trucks to serve us. The News 4 Investigators took a look at what else is feeding our fondness for food trucks and what we should know about dining al fresco on wheels.
Consumer	News 4 @ 4	11/23/10	4:49:10 to 4:52:45	Quincey Hobbs	Finding that special gift for your loved ones can be stressful, not to mention everything else going on. Can technology help take the stress out of the holidays? Quincey Hobbs, said yes, and is shared some tech tips to help make the holiday season flawless.
Consumer	News 4 @ 4	11/26/10	4:45:34 to 4:48:29	Laura Pendleton-Miller, Financial Consultant	Laura Pendleton-Miller, a financial consultant, spoke about financial issues that you need to consider before the year ends, and some of those have tax implications.

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Consumer	News 4 @ 4	11/29/10	4:42:30 to 4:46:15	Tiana Ronstadt, Financial Consultant	Gift giving takes more thought and finding ways to save is more important than ever. Tiana Ronstadt, a financial consultant, shared some tips for staying within your holiday budget.
Consumer	News 4 @ 4	12/13/10	4:48:57 to 4:52:57	Craig Wisnom, Bogutz & Gordon, P.C.	Giving and getting... That's the beauty of the dollar-for-dollar tax credit when you donate to specific organizations or programs. Craig Wisnom, from Bogutz & Gordon P.C., discussed what is special about these credits and tax breaks for donating money to charity.
Consumer	News 4 @ 4	12/15/10	4:42:15 to 4:46:00	Jennifer English	Fabulous food items are always a great holiday gift. Whether it's for a foodie friend or a hard-to-buy relative, you can't go wrong with a gourmet food gift. Jennifer English shared some amazing samples.
Consumer	News 4 @ 4	12/23/10	4:38:28 to 4:42:43	Keith Duncan, Duncan Insurance Agency	Don't assume your homeowners' insurance covers the replacement values of the gifts you received during the holidays. Keith Duncan, from Duncan Insurance Agency, spoke about insurance policies, and that it would be a good time to review it with your agent to make sure what your policy covers.
Crime & Law Enforcement	News 4 @ 5	10/6/10	5:02:45 to 5:04:47		A Catalina High School student was arrested and accused of sending threatening messages to students on campus. The incident has caused concern in the school community. News 4 spoke with and got reactions from parents, police and the school. Parents with children who go there, said this was the first time they've been alerted by school officials when it comes to students being threatened by their peers, and it's something school officials won't tolerate.
Crime & Law Enforcement	News 4 @ 5	10/7/10	4:59:58 to 5:02:21		The Tucson Police Department has a new campaign called "Keep our Family Safe, Stop Gun Violence." The campaign is in English and Spanish. And, during October, the community heard messages about stopping gun violence. Plus there was community events and special police operations. And, free gun locks were given out.
Crime & Law Enforcement	News 4 @ 6	10/15/10	6:03:21 to 6:05:26		Each year nationwide around 5,000 young people under 21 die as a result of under age drinking. Here at the University of Arizona, in a two month time frame, last year 139 people were arrested for underage drinking. That same time frame this year, 277 arrests. The U of A police said the reason the number has doubled because of a grant they received that let them have additional officers looking for underage drinkers. The U of A has a zero tolerance police on underage drinking.
Crime & Law Enforcement	News 4 @ 6	11/12/10	5:59:56 to 6:02:10		Vandals are terrorizing a downtown neighborhood. They're leaving some residents without internet and cable service. At first, it was believed the thieves were after copper wiring but the wires they were cutting aren't copper. So Tucson Police said it's vandalism. Qwest if one of the service providers that has been cut in that neighborhood. A spokesperson for Qwest said they are working with law enforcement agencies and recycling companies to try and stop the process. After all, they provide communication for public safety.
Crime & Law Enforcement	News 4 @ 5	11/19/10	4:58:58 to 5:01:01		The red light cameras at Grant and Swan roads went active on 11/19, and only issuing warnings for right now. News 4 went to that intersection to get reaction from drivers.

ISSUE	PROGRAM	DATE	TIME	PARTICIPANTS	SUMMARY OF DISCUSSION
Crime & Law Enforcement	News 4 @ 10	11/28/10	10:01:40 to 10:04:08		Twice, during the Thanksgiving weekend, vandals trashed a Vail School, stealing thousands of dollars worth of equipment... projectors, computers and equipment. Vail officials are appealing to anyone with information to come forward so they can catch the crooks.
Crime & Law Enforcement	News 4 @ 6	12/1/10	6:00:41 to 6:02:47		There are now half the DUI Patrols searching for drunk drivers than before. Tucson Police are used to operating with a fourteen officer DUI Squad but budget cutbacks now only allow for seven. News 4 share the "public outcry" against this shifting of personnel the city was expecting.
Crime & Law Enforcement	News 4 @ 10	12/2/10	10:02:32 to 10:05:08		News 4 covered how budget cuts will affect you when it comes to police and fire. Starting on December 4, 2010, traffic crashes with injuries, impaired drivers or blocked roadways will get a police response. And, if there is property damage, you'll have to file a police report yourself. Tucson Fire is looking to save 5 million dollars, and eliminate 57 positions through attrition, which means no lay-offs. And, at least 28 firefighters and 14 paramedic vacancies will not be filled. No fire stations will close but the response time will tick up. Both Tucson Police and Tucson Fire hope these cuts and tweaks will be enough to make the bottom line. Both departments said they've done everything they can to lessen the effect on public safety.
Crime & Law Enforcement	News 4 @ 5	12/3/10	5:11:27 to 5:13:19		A Tucson business owner said enough is enough. His business keeps getting burglarized too many times, costing him thousands of dollars. Thieves still equipment and closer to the holidays they still copper. Officials at Pima County Sheriff's Office said they are always checking local scrap yards for stolen property. Many scrap metal dealers are also careful who they buy from. To prevent any future break ins, Sheriff's officials said business owners need to take special precautions like putting an identifying marker on their particular metal so when thieves attempt to sell to a scrap yard on identifying which company or person they belong to.
Crime & Law Enforcement	News 4 @ 10	12/7/10	10:05:02 to 10:06:58		A women and her dog were attacked by javelina and called 911 to no avail. TPD, initially told News 4 they never got the call from 911 dispatchers. And now, they have admitted they we're wrong. This attack was one of several, aggressive encounters in the Sam Hughes neighborhood. TPD will hold an administrative review to determine whether or not this was an isolated incident or if something needs to be put in place in the procedures so this doesn't happen again.
Crime & Law Enforcement	News 4 @ 10	12/9/10	10:00:01 to 10:02:06		The weekend of 12/10 was the return of the 4th Avenue Street Fair. The biannual event spanning University Boulevard to 9th Street was free to the public. More than 400 arts and crafts booths, 35 food vendors and several musical and street performers. It draws thousands of visitors to Tucson for three days. But during this event, police will be cracking down on pets. Animals are not allowed at the event, and if you disregard the law, you could end up paying.
Crime & Law Enforcement	News 4 @ 10	12/16/10	10:04:54 to 10:06:44		The US Postal Service put out a \$10,000 reward if you can help them catch and convict whoever ripped off 2 blue collection boxes. It's no small task to take them. They are huge, heavy and bolted to the ground. They went missing from the area of Ruthrauff and Kain Avenue on the northwest side of town. It is said whomever is behind this ended up dumping the boxes a few blocks away and took all the mail inside.

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Crime & Law Enforcement	News 4 @ 10	12/17/10	10:00:36 to 10:02:16		With the holidays shopping were madhouses and prime targets for criminals. Cash, goods, cars all for the taking. The Marana Police Department was out patrolling for the annual holiday patrol to keep shoppers safe during the holiday season.
Crime & Law Enforcement	News 4 @ 10	12/21/10	10:02:50 to 10:04:44		Changes went under way for parents when it comes to their under-aged taggers. The Tucson City Council voted to change the penalties for those minors. The Council voted to change the graffiti ordinance, lifting the mandated jail time for minors and added the option for the courts to make the parents not only pay restitution but clean up the mess.
Crime & Law Enforcement	News 4 @ 6	12/21/10	6:03:24 to 6:05:08		Sahuarita Police urged residents to watch out for Christmas decoration vandals. They said kids with time off from school typically commit these holiday crimes. One family had their yard and Christmas spirit turned upside down.
Crime & Law Enforcement	News 4 @ 6	12/27/10	6:01:54 to 6:03:59		A Tucson woman was arrested while trying to stop a construction crew from demolishing a home in her neighborhood. The woman was cited for civil disobedience, was protecting the building of what are now known as mini dorms in the Jefferson Park area near Mountain and Edison. News 4 shared why residents are so angry about these mini dorms.
Crime & Law Enforcement	News 4 @ 5	12/31/10	5:02:40 to 5:04:38		A major problem during New Year's Eve are drunk drivers. Law Enforcement were in full force, looking for people who partied a little too hard, then made the bad decision of getting behind the wheel. News 4 shared why picking a designated driver could save a life.
Economy	News 4 @ 5:30	10/23/10	5:33:36 to 5:35:23		Caronelet Health Network hosted a job fair in Tucson searching for 400 new employees. As a result of the job fair, at least 150 people are now in the process of being offered positions, and Carondelet is still taking applications.
Economy	News 4 @ 6	11/5/10	6:01:46 to 6:03:31		Applications are being taken left and right for open positions here in Tucson this holiday season. And people we caught up with said they are happy for the extra money, or just even a job in this tight economy.
Economy	News 4 @ 6	11/12/10	6:10:13 to 6:12:46		The official holiday shopping season kicks off 11/26, on Black Friday, but the stores were getting ready in advance. Will it be the boost the economy needs, or will it be another dud like last year? News 4 went to the mall to see what stores are doing to get more business, and if the odds that their work will pay off.
Economy	News 4 @ 5	12/28/10	5:03:18 to 5:05:15		As the state struggles to balance it's budget, one option being tossed around is the idea to privatize state parks. A committee is now reviewing that possibility. News 4 asked visitors at Catalina State Park what they think of this idea.
Economy	News 4 @ 5	12/31/10	5:11:30 to 5:13:19		The City Council is preparing for a tough 2011. Leaders have been slammed off and on throughout 2010 for different things but ended the year on a high note by freezing the budget of both police and fire, avoiding deeper cuts to public safety. That said, the council has a lot of work to do in 2011, mainly filling the roughly 40M hole that remains in the budget.

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Education	News 4 @ 10	10/12/10	10:08:28 to 10:10:35		With cash from a grant, University of Arizona researchers are running studies on how we learn languages. They're conducting studies on babies 4 to 20 months old, and the results could very well change the way we expose kids to new information.
Education	News 4 @ 4	10/12/10	4:41:57 to 4:45:37	Michelle St. Hilaire, Child and Family Resources	A trend that is becoming more and more popular among parents, "redshirting" their child so they start kindergarten a year later. Is that good or bad? Michelle St. Hilarie with Child and Family Resources spoke about the pros and cons of holding back your child for a year.
Education	News 4 @ 5	10/18/10	5:00:05 to 5:01:35		HB2281, a measure to end TUSD's Ethnic Studies Program is set to go into law at the end of this year. But supporters of the courses said they're not backing down and are challenging the law's legality. On October 18th, the group "Save Ethnic Studies" held a news conference about the lawsuit they've filed against HB2281.
Education	News 4 @ 6	11/10/10	6:00:16 to 6:02:01		The Tucson Unified School District Board appointed Doctor John Pedicone to take over TUSD. He was selected out of a pool of 4 finalists. News 4 introduced us to Doctor John Pedicone.
Education	News 4 @ 10	11/22/10	10:03:50 to 10:05:50		How would you feel about your college student rooming with someone of the opposite sex? It's a trend 54-universities nationwide are eyeing. It's even floating around the University of Arizona. Nothing is set in stone, but U of A residence life tells us it would start on a small scale to see how it goes. There been complete support from the administration and several groups on campus. It could become a reality as early as next fall.
Education	News 4 @ 4	12/7/10	4:50:07 to 4:53:22	Fran Fritton, Teacher, St. Ambrose Notre Dame Ace Academy	Fran Fritton, a teacher from the St. Ambrose Notre Dame Ace Academy, was nominated by her peers, and selected by the group "Tucson Values Teachers" for her contributions to education. She is described as more than a teacher, she is a mentor, a parent figure, a counselor, a mediator, a cheerleader and decision maker. We were told that she lives and breathes for her school, and all of it's children.
Education	News 4 @ 4	12/29/10	4:51:25 to 4:54:55	Rusty Agte, Reid Park Zoo Education Department	One of the most impressive animals at the zoo is the rhinoceros. Their sheer size is something to marvel at but their horns is the subject of a lot of myth and misunderstanding. Rusty Agte, from the Reid Park Zoo Education Department, spoke about the rhino's horns.
Environment	News 4 @ 10	10/11/10	6:03:11 to 6:05:25		The Arizona Department of Transportation has plans for a widening project that will last two years beginning this winter. This project will be on the freeway between Price and Ruthrauff Roads. ADOT said the first year of construction will be the toughest because the Prince Road area will be shut down entirely. The price tag for this project is \$115 million dollars.
Environment	News 4 @ 10	10/19/10	10:11:38 to 10:13:43		Researchers at the University of Arizona's College of Architecture and Landscape Architecture are saving energy with plants that aren't on the ground but planted on roofs. This will help cool homes along with reducing urban flooding. The Green Roof Garden should get its start next summer.

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Environment	News 4 @ 6	10/20/10	6:10:37 to 6:12:27		Results are in from a two and a half year study of mountain lions in the Tucson Mountains. U of A biologists caught thirty six images of the regions top carnivore to determine how many there are, and where they roam? News 4 showed how this new data could help protect these at-risk wildcats. Researchers said they still don't know how many mountain lions exist because they all look the same. They say the next step will be radio collars.
Environment	News 4 @ 4	10/22/10	4:34:12 to 4:39:23	Debbie Mounce, Harlow Gardens	The colors of fall, the reds, oranges, yellows we see in our garden can be brought into our homes. Debbie Mounce, from Harlow Gardens, spoke about indoor flowering plants for winter color.
Environment	News 4 @ 4	11/1/10	4:33:34 to 4:37:19	Crystal Holcombe, Arizona Desert Sonoran Museum	The one animal in our Sonoran desert that strikes terror in the heart of any homeowner is the packrat. We've heard stories of packrats getting into car engines and eating the wiring, getting into air conditioning units, again, chewing the wiring, and destroying patio furniture and pool covers. Crystal Holcombe, from the Arizona Desert Sonoran Museum, spoke about the packrat.
Environment	News 4 @ 4	11/5/10	4:34:56 to 4:40:05	Debbie Mounce, Harlow Gardens	It was that time of year to change out the summer color that survived the heat, and put in some flowers that will carry you through spring. Debbie Mounce, from Harlow Gardens, share some ideas.
Environment	News 4 @ 6	11/15/10	6:09:06 to 6:11:50		A warning that could save your life. East of Tucson, there's a 2-mile section of I-10, that some call the "black hole" because of the huge number of crashes. It's the cause of a lawsuit against the Department of Transportation. News 4 took a closer look at the problem.
Environment	News 4 @ 10	11/18/10	10:00:10 to 10:02:45		The Twin Peak interchange at I-10 in Marana opened on Friday, 11/19. It crosses over I-10 and the railroad tracks paving the way for a host of benefits. Quicker access to I-10 and less gridlock.
Environment	News 4 @ 4	11/24/10	4:31:37 to 4:34:42	Jed Dodds, Reid Park Zoo	The Reid Park Zoo has thousands of animals to care for and train. Jed Dodds, from the Reid Park Zoo, told us more about what that all entails, and brought in the zoo chicken.
Environment	News 4 @ 4	12/15/10	4:51:00 to 4:54:50	Kristen Metzger, Reid Park Zoo	The Reid Park Zoo is about to break ground on a 7 acre expansion that eventually will be home to six African elephants. It'll be called Expedition Tanzania and will take visitors on a journey through East Africa emphasizing the importance of conserving wildlife. Kristen Metzger, from Reid Park Zoo, shared more details with us.
Environment	News 4 @ 4	12/30/10	4:35:06 to 4:40:21	Debbie Mounce, Harlow Gardens	Don't be too quick to prune plants that look dead. The last hard freeze Tucson had damaged a lot of plants but not necessarily killed them. Debbie Mounce, from Harlow Gardens, explained why.
Health	News 4 @ 4	10/1/10	4:22:53 to 4:26:38	Dr. Lori Mackstaller, Sarver Heart Center	Depression is a serious medical condition that can impact the way you feel and act towards others. In really severe cases, people feel that life is no longer worth living. Dr. Lori Mackstaller, from Sarver Heart Center, spoke about depression.
Health	News 4 @ 4	10/11/10	4:48:55 to 4:53:10	Dr. Frank Comstock	When we think about getting older, we think of declining health, muscle loss, increased body fat, decreased energy, low sex drive and foggy thinking. We all know we're going to get older, but is how you age within your control? Dr. Frank Comstock discussed the meaning of healthy aging.

ISSUE	PROGRAM	DATE	TIME	PARTICIPANTS	SUMMARY OF DISCUSSION
Health	News 4 @ 4	10/12/10	4:28:47 to 4:32:07	Susan Sweeney, Director of the Tucson Arthritis Foundation	Do you have painful bones and swollen joints? If the answer is yes, you probably have arthritis. One in every three Arizonans is affected by some form of the disease. Susan Sweeney, Director of the Tucson Arthritis Foundation discussed the Arthritis Expo.
Health	News 4 @ 4	10/15/10	4:23:50 to 4:27:30	Dr. Lori Mackstaller, Sarver Heart Center	Living a long healthy life is a goal for most people. And the more you know, the better lifestyle choices you can make. Dr. Lori Mackstaller, from the Sarver Heart Center spoke about osteoporosis.
Health	News 4 @ 4	10/15/10	4:35:26 to 4:39:05	Anita Kellman, Founder of Beat Cancer Bootcamp	If you think your day is too busy to exercise, think again. You can always sneak in a quick workout even as you do your chores! Anita Kellman shared and showed us some exercises.
Health	News 4 @ 4	10/14/10	4:51:05 to 4:54:50	Dr. Gwen Maxwell	October is Breast Cancer Awareness Month, a time to spread the message of prevention and early detection. Dr. Gwen Maxwell, a Plastic Surgeon, shared some important information about breast cancer awareness.
Health	News 4 @ 4	10/18/10	4:41:43 to 4:45:03	Maya Nahra, Sunflower Farmer Market	Choosing the right foods really does make a difference especially if you are one of nearly 24 million Americans who have diabetes. Research shows that eating a healthy diet coupled with exercise and maintaining normal body weight, can prevent Type Two Diabetes in people who are predisposed to developing the disease. Maya Nahra, from Sunflower Farmer Market, spoke about the top 5 super foods for diabetes.
Health	News 4 @ 4	10/18/10	4:49:38 to 4:52:53	Dawn Kulesa, a personal trainer and lifestyle coach	Sticking with healthy fitness goals is not easy. Many women experience ups and downs in their weight loss programs and have many problems staying motivated. Dawn Kulesa, a personal trainer and lifestyle coach, has a new book out "Fitness Goddess Secrets" and unveiled a few of those secrets.
Health	News 4 @ 4	10/20/10	4:35:49 to 4:42:12	Jennifer English	Many people bypass the produce section of their grocery store because they don't know how to cook vegetables. Jennifer English, showed us some super easy ways to prepare spinach, swiss chard and asparagus... incorporating more vegetables into our meals.
Health	News 4 @ 5	10/25/10	5:11:00 to 5:13:15		October is Breast Cancer Awareness Month. The Arizona Cancer Center provided genetic counseling to see if you have a mutation in your genes. If you do, the risk of breast and ovarian cancer can be extremely high. Breast Cancer is the most common cancer among American women, after skin cancer. 1 in almost every 8 women will develop breast cancer in her lifetime. And, of course, knowledge is power.
Health	News 4 @ 4	10/27/10	4:25:53 to 4:29:03	Judith Schuler, M.S.	Should pregnant women get their flu shot this year? Flu season is here and thousands of people each year die of influenza. Judith Schuler, M.S., spoke about the flu shot for pregnant women.
Health	News 4 @ 4	10/29/10	4:26:12 to 4:29:52	Anita Kellman, Founder of Beat Cancer Bootcamp	Making a commitment to be healthy and keep your weight under control means seizing any opportunity to work out during your daily life. Anita Kellman, Founder of Beat Cancer Bootcamp, showed us how a trip to the car wash can be a leg and ad workout.

ISSUE	PROGRAM	DATE	TIME	PARTICIPANTS	SUMMARY OF DISCUSSION
Health	News 4 @ 4	11/1/10	4:49:10 to 4:53:25	Dr. Jody Comstock	Do you exercise and diet constantly and still can't get rid of those love handles? Of course, there is liposuction, but a lot of folks don't want to go under the knife. There is a new alternative, and Dr. Jody Comstock spoke about Zeltiq, ultra sounding fat and thermage for non-invasive techniques.
Health	News 4 @ 4	11/2/10	4:21:03 to 4:23:06		Researches said there 's one vitamin that can help reduce and possibly prevent certain types of cancer. News 4 found out how we can safely get enough of Vitamin D.
Health	News 4 @ 4	11/2/10	4:23:31 to 4:27:41	Dawn Kulesa, a personal trainer and lifestyle coach	Most of us understand that exercise is not only good for you but critical as we get older. The problem is staying motivated. Dawn Kulesa, a fitness and life coach, shared some tips on setting realistic goals that we can stick to.
Health	News 4 @ 4	11/5/10	4:25:26 to 4:28:51	Anita Kellman, Founder of Beat Cancer Bootcamp	Fighting fat is a daily battle. Anita Kellman, Founder of Beat Cancer Bootcamp, discussed little changes in everyday activities that can make a difference.
Health	News 4 @ 10	11/9/10	10:11:41 to 10:14:23		There is only one level one trauma center in Southern Arizona, and it's right here in Tucson, University Medical Center. It covers a huge area, from Pima, Cochise, Santa Cruz Graham and Greenlee counties. Also, half of Pinal County, over 25,000 square miles total, and area about equal to the entire state of West Virginia. News 4 went inside the trauma unit to show you the difference between a trauma center and an emergency room.
Health	News 4 @ 4	11/11/10	4:30:56 to 4:34:21	Kirti Khalsa, Executive Director of the Alzheimer's Research and Prevention Foundation	Screening and early detection of Alzheimer's are essential to making sure that people can start treatment immediately and make lifestyle changes that support memory. The Alzheimer's Research and Prevention Foundation held it's 7th Annual Memory Screening Day on November 16th, and Kirti Khalsa, the Executive Director, spoke about the event.
Health	News 4 @ 4	11/12/10	4:27:41 to 4:30:51	Dr. Judith Schuler, M.S.	When you're pregnant, your body goes through all kinds of changes. Some women report having terrible itching on their tummy, arms and legs. Dr. Judith Schuler, M.S., explained what that is.
Health	News 4 @ 4	11/15/10	4:49:41 to 4:53:11	Dawn Kulesa, a personal trainer and lifestyle coach	The holiday season is a festive, happy time, but also one that can be filled with stress and unhealthy over-eating. Dawn Kulesa, a life and fitness coach, shared some tips that helped us get through the holidays happy and healthy.
Health	News 4 @ 4	11/16/10	4:30:47 to 4:34:32	Dr. Kevin Leman	It's normal for kids to have lots of energy, short attention spans, start things they don't finish and daydream. That's why some people say there is no such thing as ADHD, Attention Deficit Hyperactivity Disorder. Millions of kids have been diagnosed with this disorder, many of them are on medication. Child Psychologist and Best Selling Author, Dr. Kevin Leman, shared his thoughts on ADHD.
Health	News 4 @ 4	11/17/10	4:26:17 to 4:29:27	Dr. Judith Schuler, M.S.	Dr. Judy Schuler M.S., explained why overeating is not good for anyone, especially pregnant women.

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Health	News 4 @ 4	11/19/10	4:22:00 to 4:25:44	Anita Kellman, Founder of Beat Cancer Bootcamp	With the holidays, you will eat rich holiday foods you don't ordinarily eat. Anita Kellman discussed and reminded us that exercise is the key to not packing on the pounds and it can be done anywhere anytime.
Health	News 4 @ 4	11/25/10	4:25:17 to 4:28:27	Doctor Franz Rischard, U of A Division of Pulmonary and Critical Care Medicine	November is pulmonary hypertension month so we're trying to raise awareness about that lung disease. Doctor Franz Rischard, from the U of A's Division of Pulmonary and Critical Care Medicine, spoke about pulmonary arterial hypertension.
Health	News 4 @ 4	11/26/10	4:21:32 to 4:24:42	Dr. Lori Mackstaller, Sarver Heart Center	Dr. Lori Mackstaller, from the Sarver Heart Center, spoke about second hand smoke and diabetes.
Health	News 4 @ 4	11/30/10		Gale Morgan, Splendido	Over 20 million Americans suffer from Alzheimer's Disease. Research shows that early stages of the disease manifest in at-risk adults in the 55 to 65 age range, getting progressively worse as the patient ages. Memory loss, or simple forgetfulness is not uncommon, however, it is important to learn the early signs of this disease. Gale Morgan, from Splendido, spoke about Alzheimer's Disease.
Health	News 4 @ 4	12/3/10	4:26:19 to 4:30:16	Anita Kellman, Founder of Beat Cancer Bootcamp	We all know that exercising helps keep our weight in check. But with the holidays, a lot of folks don't exercise because they said they don't have the time. They are busy decorating the house, cooking holiday goodies and shopping for gifts. Anita Kellman, showed us how we can do all of those things plus exercise too.
Health	News 4 @ 5	12/6/10	4:59:10 to 5:01:06		It's that time of the year, sneezing, coughing, fever-upset stomach. All of those symptoms point to the flu. Did you know about 10% of people tested for the flu, test positive. And that affects not only that person but also many people associated with him or her. Is the flu shot the answer? News 4 went to the experts to see what they think.
Health	News 4 @ 4	12/21/10	4:29:31 to 4:33:16	Dr. Jeff Dozoretz, Child and Family Resources	The holidays are all about getting the family together, enjoying each others company and catching up. Unfortunately, often those get togethers end up turning into a tornado of stress... it doesn't have to be that way. Dr. Jeff Dozoretz, from Child and Family Resources, explained why the holidays can be so stressful.
Health	News 4 @ 4	12/27/10	4:27:47 to 4:31:32	Dr. Lori Mackstaller, Sarver Heart Center	Dr. Lori Mackstaller, from the Sarver Heart Center, spoke about headaches, and when do you know that one is serious enough to seek medical care.
Health	News 4 @ 4	12/27/10	4:46:50 to 4:50:05	Gale Morgan, Splendido	Growing older isn't easy. Many older adults have had to face the loss of a spouse, friends, or even a child. These losses coupled with diminished physical ability, can lead to depression especially around the holidays. Depression is not normal, or untreatable, and can be detrimental to an older person's quality of life. Gale Morgan, from Splendido, spoke about the causes of depression and to help a depressed older adult.

ISSUE	PROGRAM	DATE	TIME	PARTICIPANTS	SUMMARY OF DISCUSSION
Safety	News 4 @ 4	10/5/10	4:36:23 to 4:40:13	Gale Morgan, Splendido	How can older adults stay safe on the roads? With every new model, it seems a driver's view gets more and more restricted. It can be difficult seeing out the windows so older adults who want to keep their independence need to know which features to look for when buying a car. Gale Morgan, from Splendido, gave some tips on how to go about buying a car that works for you..
Safety	News 4 @ 4	10/11/10	4:39:43 to 4:43:43	Keith Duncan, Duncan Insurance Agency	With the holidays approaching, Keith Duncan share some fire safety tips and spoke about how to make the holidays safe for your family and friends.
Safety	News 4 @ 6	10/19/10	6:10:10 to 6:11:52		Although there's more than one way to do CPR, knowing one way is better than none. But which way is more effective, and how do you know when to use it? There are two ways to do CPR, the traditional way which involves mouth to mouth resuscitation, and the newer way know as continuous chest compressions. Richard White, with the American Red Cross, they are still teaching traditional CPR but soon will teach the new way. Dr. Gordon Ewy from the Sarver Heart Institute, said chest compressions only is better, but if they are drowning, if they have a drug overdose, you need to know the old way. So for that reason, the American Red Cross wants to teach both ways.
Safety	News 4 @ 4	10/22/10	4:49:43 to 4:53:13	Keith Duncan, Duncan Insurance Agency	House fires lead the nation in loss of life, property and monetary damages. Add in, psychological damages, medical care, temporary housing, loss of pets, disfigurement and lost income, and the cost is far higher. The saddest fact of all, is that nearly all house fires are preventable. Keith Duncan, with Duncan Insurance Agency, shared some valuable safety information, and spoke about making a home inventory.
Safety	News 4 @ 10	10/28/10	10:05:32 to 10:08:17		Early October, nine freshman at Washington State College were hospitalized after an off-campus party. Initially, investigators thought they were drugged. Not the case at all. They'd been drinking a caffeinated malt liquor called Four Locos. Four Locos is easy to find, at most convenience, grocery and liquor stores. They call it "black out in a can." Legal and cheap, there is 12% alcohol in every can which is like slamming 5 beers at once. Colleges and universities, like the U of A, have issued warnings. The U of A is warning students through the student newspaper and online.
Safety	News 4 @ 10	10/30/10	9:59:46 to 10:01:45		Halloween is not just a time to dress up and eat candy. It's also a potentially dangerous time for kids. Northwest Fire said those dangers lurk in the hours of trick or treating. News 4 shared some important safety tips.
Safety	News 4 @ 4	11/4/10	4:38:17 to 4:42:02	Keith Duncan, Duncan Insurance Agency	How many times have you locked yourself out of your home, or locked the keys in the car, and wished you had hidden an extra set somewhere around the house? That can be a good idea, or a recipe for disaster. Keith Duncan, from Duncan Insurance Agency, discussed the good ways and bad ways to hide keys, and also some alternatives out there on the market.
Safety	News 4 @ 4	11/18/10	4:30:32 to 4:34:02	Keith Duncan, Duncan Insurance Agency	A lot of people shop online on Cyber Monday that can present some unique security challenges when using your credit and debit cards online. Keith Duncan, shared some tips to keep your credit and debit cards safe when shopping online and why it is smarter to use your credit card rather than a debit card when shopping online.

ISSUE	PROGRAM	DATE	TIME	PARTICIPANTS	SUMMARY OF DISCUSSION
Safety	News 4 @ 10	11/24/10	10:11:07 to 10:13:00		The areas around your stove and oven are prime for problems. In fact, most of the fires and injuries, Tucson Fire Fighters see during the holidays are from people moving to fast, or being forgetful. Captain Tish Tracy, from the Tucson Fire Department, discussed shared tips on how to be safe around the kitchen during the holiday seasons.
Safety	News 4 @ 6	11/30/10	6:05:12 to 6:07:19		Fireworks became legal in Arizona on 12/1, and there were new rules made by the Tucson City Council that changed some things. And, the Tucson Fire Department wanted to make sure everyone stays safe handling fireworks.
Safety	News 4 @ 5	12/6/10	5:11:21 to 5:13:12		With the holidays comes decorations. As you light up your menorah, or Christmas tree, firefighters want you to keep safety in mind. Firefighters shared some tips on how to keep your holidays safe.
Safety	News 4 @ 4	12/9/10	4:39:32 to 4:43:17	Keith Duncan, Duncan Insurance Agency	Keith Duncan, with Duncan Insurance Agency, shared some tips on "cleaning" house before throwing your holiday party.

Public Service Announcements (PSA's) also cover issues and problems in our area. The following list includes PSA's that KVOA aired extensively during the quarter with a minimum of 15 airings each:

Children/Youth

Coalition to End Childhood Lead Poisoning
Reconnecting Kids with Nature
Inspiring Invention
Save the Children
Think Before You Speak

Crime

Drunk Driving Prevention
Family Violence Prevention Fund

Education

Hispanic Scholarship Fund
Jewish History Museum

Employment

Arizona Broadcasters

Environment

Wildfire Prevention

Government

Americorps
Iraq and Afghanistan Vets of AM
Medal of Honor
U.S. Dept. of Energy

Health

Agency for Healthcare Research and Quality
Al-Alnon/Alateen
American
Campaign
EPA/Asthma
Health Fest
Mental Health

Growth/Community Development

Boys & Girls Club of Tucson
GSD&M
Happy Holidays (KVOA)
Hispanic Heritage
Imagine Greater Tucson
Season of Hope
Tucson Classic Car Show
United Way
USO

PROGRAM DESCRIPTIONS:

TUCSON TODAY (MORNINGS) AND NEWS 4

These titles of KVOA's live local newscasts which are regularly scheduled at these times: Monday-Fridays, 5:00 AM to 7:00 AM, 7:24 AM to 7:30 AM, 7:55 AM to 8:00 AM, 8:25 AM to 8:30 AM, 8:55 AM to 9:00 AM, 9:25 AM to 9:30 AM, 9:55 AM to 10:00 AM, 12:00 Noon to 12:30 PM, 4:00 PM to 5:00 PM, 5:00 PM to 5:30 PM, 6:00 PM to 6:30 PM, 10:00 PM to 10:30 PM. Saturdays, 5:30 PM to 6:00 PM, 10:00 PM to 10:30 PM. Sundays, 5:30 PM to 6:00 PM and 10:00 PM to 10:30 PM.